



REGULATION

The rules of participation are nothing more than a set of common sense rules that we ask all participants to respect, in order to allow everyone to better enjoy their experience in nature, with a team spirit and respecting the environment and the places crossed, the walking companions and the work of the Guide.

ABOUT THE GUIDE

The Guide is solely responsible for the conduct and safety of the entire accompanied group, each member of the group during the excursions must always refer to the Guide and must scrupulously follow the instructions of the same. The responsibility of the guide begins at the start of the excursion and ends at the end of the activity. The guide is not responsible during transfers to/from the place of start/end of the activity. The Guide reserves the right to cancel or modify the programs for reasons of force majeure at the sole discretion of the guide without any obligation except to reimburse any fees paid. The Guide may exclude from the initiatives, as well as those responsible may remove, the Participants who with their behavior compromise the success of the initiative or jeopardize their own or others' safety. The Guide is insured for RTC. The insurance coverage does not exist for transfers or trips made by own, others, private or public means and lapses in case of non-compliance with the provisions of the Guide. The Guide undertakes to comply with the regulations commonly in force in protected areas in all its hiking initiatives, in particular: - not to throw away any type of waste, including food remains; - not to modify the natural environment in any way, not to pick flowers, not to tear branches, not to collect fossils; - not to remove parts of monuments; - do not disturb the animals in any way; - do not cackle and avoid unnecessary noise.

OBLIGATIONS OF THE PARTICIPANTS

Participants are required to:

- Respect the departure time and the established program, adapting to any changes made by the guide; the start time of the excursion is the one indicated in the promotional materials. It is advisable to arrive 10 minutes in advance and we recommend that you notify in case of delay. We do not always guarantee the possibility of waiting for any latecomers and in any case we will not be able to wait for more than 15 minutes.
- Present yourself with a psychophysical condition, clothing and equipment appropriate to the excursion. If in doubt, talk to your guide before the day of the excursion.
- Maintain a disciplined behavior during the initiative, respecting people and private property and following the instructions given by the guide; make the guide immediately aware if there are members of the group who do not comply with all the indications given. In that case the guide may require the person to leave the group by returning the share and declaring in front of witnesses that he is no longer under his own responsibility.
- Follow the established route without leaving or abandoning the group and without passing the guide.
- Collaborate with the guide for the success of the initiative, as well as being in solidarity with his decisions, especially in the event that difficulties arise (environmental conditions and / or participants) and inform him of any problem that may emerge during the performance of the planned activities, in particular regarding their psychophysical conditions and equipment.
- Respect nature, refraining from collecting flowers, plants or herbs, and from disturbing wild animals, and in any case following the instructions given by the Guide.
- Everyone is responsible for their own waste. It is strictly forbidden to leave waste of any kind along the way, including tissues and biodegradable organic waste. Participants are

requested to be provided with a small bag for personal waste and to take care of it until return. • Participants under the age of minors must be accompanied by a parent or other accompanying adult, in any capacity authorized by the parents. Each participant is personally responsible for any risky behavior for himself and for others, in particular in the event that he should take personal initiatives despite the contrary opinion of the guide.

DECLARATION OF SUITABILITY

By accepting these regulations, the Participant declares under his own responsibility to be in good health and in a psycho-physical condition suitable for the practice of the excursion. It also declares to have provided the guide with any information useful for the correct assessment of its suitability. At the time of registration, or in any case before departure, the Guide must be informed of any particular need or physical or physiological state that may require adequate precautions. The Guide reserves the right to exclude, for the protection of the safety of the person himself and / or the group, before departure, those who do not consider suitable for physical conditions or equipment. In case of exclusion there are no refunds of travel expenses and of any other kind.

MANDATORY EQUIPMENT

Each participant must present himself to the excursion with: - clothing and technical equipment suitable for the excursion (clothing appropriate to the exit and climatic conditions, trekking shoes with rigid soles, backpack, water bottle, rain jacket, sunglasses, insect repellent, sunscreen, tissues, hiking poles, etc.); - packed lunch and energy snacks ; - water as needed, and climatic conditions. In case of bike excursion: - helmet required; - bicycle in order that will be checked at the beginning of the excursion; - spare air chamber or "inflated and repairing" kit Not adequately equipped hikers could, at the sole discretion of the guide, be excluded from the excursion directly at the place of departure.

DOGS

The Participant who wants to participate accompanied by his dog has the OBLIGATION, at the time of booking, to communicate to the guide the presence of the animal in tow, to assess the suitability and methods of participation. It will be at the discretion of the guide to confirm or not the suitability for participation of the single dog or several dogs at the same time, also based on size, sex, character, and type of excursion. Pets in heat or who have finished this period in the two weeks prior to the excursion will NOT be allowed. The dog in tow must be docile and easily controllable; the Participant must have the means of conducting and controlling the animal necessary to ensure its correct participation (leash and / or muzzle or similar). It will be the Participant's responsibility to ensure that their dog does not cause harm or disturbance to things, people or animals, that it does not damage the flora, private property, or other hikers. The responsibility for the management of the dog and any problems related to it, is the exclusive responsibility of the Participant. Failure to communicate the participation of the dog or failure to comply with the provisions to control it, may provide for the exclusion of the Participant from the excursion, even at the time of departure.

PHOTOGRAPHS AND VIDEO FOOTAGE

Participants are informed and consent that the Guide and/or other participants may take them or photograph them and consent as of now, in the impossibility of forewarning the use of the image or video, the use of the same, in sites, magazines or books or in the personal promotional materials of the Guide, or for institutional uses, freeing the Guide and other participants from any future dispute in this regard. If one or more participants intend not to be filmed, they can point this out this need to the Guide before departure.

MOBILE PHONES

Participants are advised to keep their mobile phones turned off. If this is not possible, the ringtones must still be deactivated. In case of need, the interested party is asked to leave the group after communication and authorization of the guide, remaining in sight of the same.

GPS TRACK RECORDING

During the excursions it is allowed to use GPS equipment for orientation purposes but by participating the accompanied person undertakes not to disclose any recorded traces.

PARTICIPATION

The guide reserves the right to exclude, those who do not consider suitable for conditions or equipment. For the protection of the safety of the person himself and / or the safety of the group. In case of justified exclusion there are no refunds for travel and of any other kind, except for any participation fee paid, including advances. We ask you to warn as soon as possible in case of renunciation of the excursion.

DIFFICULTY EXCURSION AND ROUTES

The Guide is responsible for maintaining an adequate and harmonious pace, based on the weather conditions, the type of participants and the difficulty of the route, deciding where and when to make short stops, so that everyone can face the route serenely. We therefore ask you to follow the pace taken by the Guide, avoiding running ahead and advising if you need to stop for a refreshing stop or to take a nice photo. The Guide may at any time, and at its sole discretion, modify, even substantially, the program and itinerary, also deciding for the early return of the group. This decision can be taken to protect the safety and well-being of the entire group or even of only one of the participants. The duration of the excursion, indicated in the card, is to be considered indicative and depends on several factors, including the conditions of the individual participants and the weather situation.

Route difficulty legend

All the routes are of the Hiking type and present objective technical difficulties that can be faced by an average hiker. The degree of difficulty of the excursions is therefore relative to the effort required, and increases with increasing mileage distances and differences in height. E* : Easy (within the reach of every person in normal health, with the desire to discover) E ** : Medium (for those who are used to doing a minimum of physical activity or walking even occasionally) E*** : Medium / Demanding (it is necessary to frequent the mountain and the practice of physical activity, but with the right approach the paths are within the reach of average hikers who habitually make excursions or trekking).

ACCEPTANCE OF THE REGULATION

Participation in the excursions implies the unconditional acceptance of these regulations.

CONDITIONS

Registration can be made by email to the address info@ticinoguide.it or by calling the 3497740555 or the reference number of the guide indicated in the excursion card, indicating the number of participants, if there are children and / or any particular need that individual participants may have. In case of registration by e-mail, we kindly ask you to always indicate a reference mobile number in order to be able to promptly notify you in case of unforeseen events. Once registered, it will be the responsibility of the Guide to contact the number indicated by you the day before the excursion to give you confirmation based on the weather and request confirmation of participation. In order to facilitate you we usually DO NOT ask for deposits or advance payments. However, we ask for the same sensitivity on your part in promptly notifying us if for any reason you are unable to participate in an excursion to which you have registered, so as to be able to register other walkers. The participation fee includes the accompanying professional rate and the RCT

insurance policy of the guide. The costs of the excursions are inclusive of VAT and at the end of the activities a regular tax document will be issued. Participants in the activities are not covered by personal accident insurance. Those who want this insurance protection must request it at the time of booking (one week before the date set for departure). The payment of the participation fee must be made in advance or at the meeting place, before the start of the activity. Reservations are accepted until the day before the activity (at the time indicated in the information sheet) as long as there are places available. Groups consist of a minimum of 5 to a maximum of 20 people. The transfer to the meeting point is the responsibility of the participants. Lunch is packed and is the responsibility of each participant. The programs and itineraries may be subject to changes and cancellations at the sole discretion of the guide, due to the weather situation, for reasons of force majeure or safety of the group. If the activities are cancelled within the first hour of the event, the entire participation fee will be refunded. Our guides practice in accordance with Law 4/2013

ADDITIONS TO THE REGULATION FOR THE CONTAINMENT OF THE CONTAGION OF COVID-19 To supplement the following points, all participants, for the entire duration of the emergency period due to the SARS-COV2 virus, must comply with the following points:

- A. It is not possible to participate in case of body temperature above 37.5 °, if you have flu symptoms or if you have had, in the previous 15 days, contact with people suffering from covid-19 syndrome. Each participant, at the time of registration, declares not to consciously fall into one of the categories mentioned above.
- B. Each participant must have the following equipment: - CE certified disposable surgical mask or other washable device of similar value, CE certified, in an amount appropriate to the duration of the excursion, taking into account its possible deterioration; - at least 150 ml of CE certified alcohol-based disinfectant gel, not self-produced, - disposable nitrile gloves (to be used only in case of need), in an amount appropriate to the duration of the excursion; - bag for the correct disposal of used devices.
- C. The mask **MUST BE WORN** at the time of arrival, reception and registration, at the time of crossing on the path with other hikers, when approaching the guide and / or other participants and in general when it is not possible to maintain safety distances. **IT SHOULD NOT BE WORN** but kept at hand while driving.
- D. Participants must maintain a minimum distance between them of at least 1 m during the stops and at least 2 m during the march (except for cohabiting nuclei);
- E. The exchange of material and/or food between the participants is prohibited;
- F. Participants are invited to sanitize their hands frequently;
- G. Car sharing is not recommended;
- H. For the payment on site of the participation fee we ask the participants to present themselves with the counted amount, to be deposited in a special container, so as not to have the need to exchange money directly with the guide. Behaviors to adopt: At the time of registration: I wear gloves and a mask, for cash payment I present myself with the counted fee, in order to avoid remains, depositing it in a container indicated by the guide. I always keep a safe distance from driving and other participants. At the end I clean my hands with sanitizing gel. While driving: I keep a minimum distance of 2 m from the other participants and the guide. In case of crossing with other hikers or in case it is not possible to keep the distance wear the mask. In stops: I keep a minimum distance of 1 m from the other participants and the guide. I wear the mask if required. In the lunch stop everyone will keep at a distance of at least 2 m from the others (except cohabiting nuclei). If I need a hand: I wear gloves and a mask and wait for the guide's directions. At the end I clean my hands with sanitizing gel. If after the excursion (even a few days) you experience flu-like

symptoms and, after analysis, you discover that you are positive for Covid-19, I ask you to notify the guide who will take care, in respect of privacy, to alert the other participants. This is a gesture of very high civic sense that would help to limit further infections.